

SKI



ABILITY LEVELS

SNOWBOARD

1

TERRAIN: Learn to ski on bunny hills.

LIFTS: Learn to use the magic carpet or tow rope.

TECHNIQUE: Learn to stop, turn, and control speed using a snowplow (pizza).

GOAL: Learn the basics.

TERRAIN: Learn to snowboard on bunny hills.

LIFTS: Learn to use the magic carpet or tow rope.

TECHNIQUE: Learn to stop, balance, and control speed.

GOAL: Learn the basics.

2

TERRAIN: Capable on the bunny hills.

LIFTS: Can use the magic carpet and tow rope.

TECHNIQUE: Can stop, turn, and control speed using a snowplow (pizza).

GOAL: Strengthen basic skills and move to green runs.

TERRAIN: Capable on the bunny hills.

LIFTS: Can use the magic carpet and tow rope.

TECHNIQUE: Can stop, balance, and control speed.

GOAL: Heel and toe pendulum and introduction to C-Turns

3

TERRAIN: Comfortable on green runs and may have tried some blue runs.

LIFTS: Capable of riding chairlift & T-bar.

TECHNIQUE: Good control, primarily using a snowplow (pizza), and starting to make parallel turns.

GOAL: Develop a dynamic skiing style and tackle more challenging terrain.

TERRAIN: Comfortable on green runs and may have tried some blue runs.

LIFTS: Capable of riding chairlift & T-bar.

TECHNIQUE: Comfortable with heel and toe edges and can do C-turns.

GOAL: Ready to start linking C-turns into S-turns on blue runs.

4

TERRAIN: Comfortable on blue runs and have tried some black diamond runs.

LIFTS: Confident with chairlift and T-bar.

TECHNIQUE: Consistently performs parallel turns with control and confidence.

GOAL: Refine technique on steeper slopes and advance to more challenging terrain.

TERRAIN: Comfortable on blue runs and have tried some black diamond runs.

LIFTS: Confident with chairlift and T-bar.

TECHNIQUE: Consistently performs S-turns with control and confidence.

GOAL: Refine technique on steeper slopes and advance to more challenging terrain.

5

TERRAIN: Comfortable on black diamond and off-piste runs.

LIFTS: Mastered all lifts.

TECHNIQUE: Exclusively uses parallel turns, handling high speeds, steep slopes, and varied conditions with ease.

GOAL: Enhance performance with carving, jumping, and racing.

TERRAIN: Comfortable on black diamond and off-piste runs.

LIFTS: Mastered all lifts.

TECHNIQUE: Rides at high speeds, handles steep slopes and varied conditions with ease.

GOAL: Enhance performance with carving, jumping, and freestyle maneuvers.